

Sanitas Más Salud Óptima

The most comprehensive health insurance

- Primary care, emergencies and access to all medical specialties (paediatrics, gynaecology, cardiology, dermatology, etc.).
- Diagnostic tests, including simple (ultrasound scans, blood tests, etc.) and high tech tests (CT scans, MRIs, etc.).
- Hospitalisation and surgery.
- Emergencies abroad for stays of up to 90 days.
- Therapeutic methods, including simple (rehabilitation, aerosol therapy, etc.) and high tech methods (lithotripsy, radiotherapy, chemotherapy, etc.).
- Dental cover with more than 40 services included.
- International second opinion.



+ 58,000 professionals



+ 4,500 Sanitas and appointed centres



27 Sanitas multi-specialty medical centres



17 advanced rehabilitation centres



4 Sanitas hospitals



3 in development

Also includes: **blua** Digital health by Sanitas

- **Video consultation²** (general practice and specialties).
- **Emergency video consultation** (general and paediatric).
- **Digital consultation today** with doctors from 10 specialties.

- **Check your health.**
- **Symptom checker.**
- **Digital physio.**
- **Take care of your mind.**
- **Vital sign measurement.**
- **Health programmes.**

All accessible from the Mi Sanitas app



Terms and conditions:

Co-payment

0 to 3 services: **€4**; 4 to 10 services: **€7**; 11 to 15 services: **€10** and from 15 services: **€15**.
Dental co-payment: **€3**. Check co-payment for high frequency services.

Waiting periods

Group 0 to II procedures, as classified by the OMC*: **3 months**; Complex diagnostic tests and psychology: **6 months**; Child delivery or caesarean: **8 months**; Complex therapeutic methods, tubal ligation / vasectomy, hospitalisation and group III to VIII surgical procedures, as classified by the OMC*: **10 months**.

Age at purchase: 0-75 years. Without any guaranteed insurability age limit.

Check our range of add-on options

*OMC: Organización Médica Colegial (Spanish Medical Colleges Organisation). 1. These services do not comprise a medical diagnosis from a medical professional. Their purpose is to improve knowledge of overall wellbeing. They do not diagnose, treat, mitigate or prevent any disease, symptom, disorder or abnormal physical condition. Patients must consult a medical professional or emergency service if they believe they have a medical problem. 2. Includes all specialties that can be treated in a digital consultation.